
CCG VOLUNTEERS NEWSLETTER

Issue 53

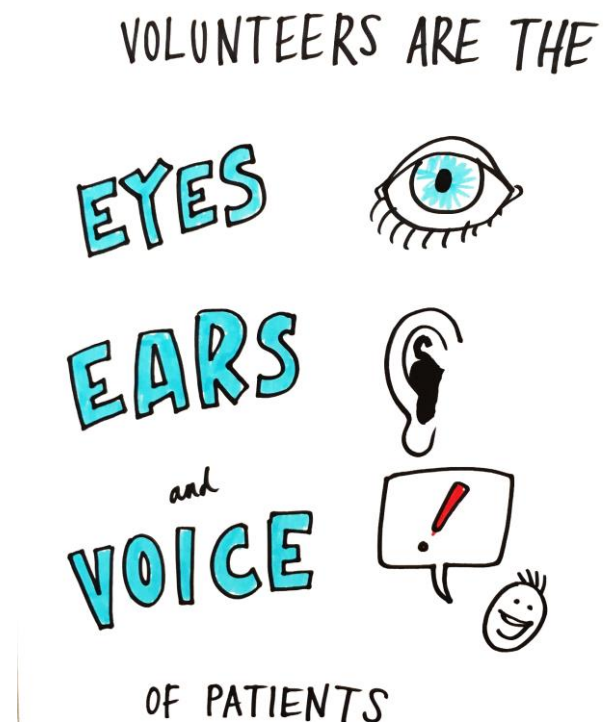
05 Nov 2019

CCG Volunteers Newsletter

NHS Leeds CCG

This weekly newsletter intends to bring you up to speed with any opportunities and news relevant to your role as a CCG volunteer.

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For any suggestions about how we can improve this newsletter please email Adam on adam.stewart1@nhs.net.

News – **NEW**/**UPDATES**

This section is about any news relevant to the CCG or CCG volunteers programme.

New Newsletter Indicator – **NEW**

We have introduced a new colour coded indicator in the newsletter. If you see a green **ACTION**, it means there is something we would like all our volunteers to do/consider.

We know that you're busy and sometimes it's easy to miss things in the newsletter so we hope this will help direct you to things that need doing.

To clarify:

NEW – means there is a new piece of information

UPDATES (and blue highlighted text) – indicates when an existing piece of information has been updated with new information

ACTION – directs volunteers to an instruction that needs actioning.

If you have any feedback please don't hesitate to get in touch.

New Volunteer ID badges and Mentoring for New Recruits – **NEW**/**ACTION**

We're just doing final checks on badges and bios. New recruits should have received an email from Caroline checking photos and requesting bios, and we are hoping to start adding the information you have provided to our website next week.

ACTION – if you haven't done so already, please complete your bio and send it through as soon as you're able.

Mentoring meetings for new recruits are also being booked in, and hopefully you should all have your first meetings soon.

We have been reviewing our mentoring process and paperwork, and will be looking for your feedback to help us improve the process and make it more effective for us all.

Existing volunteers – you should also be receiving invites for mentoring sessions, as we want your feedback too! Please chase up your mentor if you have not had a mentoring meet up for a while.

Remember... we are all guinea pigs! 😊

CCG volunteers newsletter – NEW/UPDATE

Please note that the next volunteer newsletter will be sent on **Weds 20th Nov.**

This newsletter is early by a few days due to our away day on Wednesday and the Leeds big chat on Thursday, we wanted make sure it was sent out this week.

Frequency of the Newsletter – NEW

Following on from the last issue, we had asked about whether you had any preferences for the frequency of these newsletters; whether you were happy to continue to receive them fortnightly or would like to have them more frequently. We didn't hear from anyone regarding frequency over the last two weeks, so can only assume there are no strong feelings either way. We will continue with the newsletter fortnightly for now.

If you have any questions about the frequency of the newsletter please feel free to email adam.stewart1@nhs.net or huma.malik3@nhs.net

Big Leeds Chat – Hold the date - UPDATE

The Big Leeds Chat is a partnership event that brings together health and social care providers (including voluntary sector) and offers the opportunity for people in Leeds to share their views about Leeds, and find out more about what we are doing as a city to develop a healthy and sustainable future in health and social care. To find out more please visit: healthwatchleeds.co.uk/our-work/bigleedschat/

This is taking place this week!

- **Thursday 7 November 2019, from 10am to 2pm, at the Leeds Kirkgate Market Event Space**

If you can't come along but would like to get involved with the Big Leeds Chat, you can do online via our livestream which you can view here:

<https://www.leedscg.nhs.uk/bigleedschat2019/>

Please let Chris know if you are planning on being involved! If you have any questions you can contact him on chris.bridle@nhs.net or call 0113 843 5470

Kings' Fund Conference – Health and Care Explained: how the system works and how it is changing –

 Thursday 30 January 2020

 8:30am – 4:45pm

 The King's Fund, London, W1G 0AN

Have you ever needed to look up an acronym to understand something in the health and care world; wondered how hospitals, public health, social care, mental health and community health fit together; or thought about who exactly is responsible for making decisions? Join The King's Fund Health and Care Explained event to find out the answers to these questions and more.

At this event they will explain:

- how the NHS, social care and public health are structured
- how organisations are funded, staffed and assessed
- the differences between primary care, hospitals, community care, mental health services and more
- the challenges for the future and current plans to address them.

Join them to listen to clear jargon-free presentations, have the opportunity to ask questions of their expert speakers and network with other people with an interest in health and care.

There are a number of limited bursaries available to patients and carers to allow you to attend for free. If you're interested in attending for free please email events@kingsfund.org.uk and explain your role and that you would like a place.

PLEASE NOTE: We are including the information about this event as an opportunity which may be of interest to you. It looks to be an interesting event, however, it is taking place in London. There is no financial assistance available from the CCG to support you to attend (this includes booking tickets for the event or covering travel or accommodation costs – you would have to pay for and organise these yourself if you do plan to attend).

Patient Assurance Group (PAG) – **NEW**

This section is about any news or updates about PAG.
 Please note that this section will not include PAG papers as they will be sent separately by the Governance team at the appropriate time.



The next PAG, is scheduled for **Wed 13 Nov 2019**, at **WIRA House**. Due to a lack of agenda items on which to provide assurance, the ‘formal’ PAG meeting will not take place. However, as discussed previously, we will not be cancelling the meeting and will be using it give updates or discuss patient assurance related things.

Next week, Chris will be bringing a discussion and information around some work our team have done around cataract services and anyone who is able to make this meeting is welcome to attend.

December’s PAG - **NEW**

We know that there will be an item to assure on in December’s PAG meeting. This will be on an upcoming **consultation** (Level 4) on **maternity** services. This is going to be a big piece of engagement and we are keen to get you involved in the assurance on this work.

Although we already have 4 volunteers for each meeting, please do keep putting your name forward if you can do these dates, as we will try to ensure everyone gets a chance to attend wherever possible.

We will also be booking in dates for the year ahead post March 2020 shortly, so should have more dates for the next newsletter ☺

If your name does not appear below, and you have told us you can attend, or if you are now unable to attend any of these dates, please contact Caroline, caroline.mackay2@nhs.net

Date	Time	Venue	Volunteers attending
4 December	10am – 12pm	Old Fire Station, Gipton	Kath, Tricia, John, Francis
8 Jan 2020	2pm - 4pm	WIRA House	Leanne, Kath, John, Francis
5 Feb 2020	6pm – 8pm	Hinsley Hall	Leanne, John, Pauline, Vicky
4 March 2020	10am – 12pm	WIRA House	Leanne, Kath, John and Tricia

Opportunities - **NEW**

This section is for the current opportunities we have for volunteers to get involved in projects. If you are interested in any of the opportunities or would like more information, please contact the relevant person in the engagement team.



Title	Membership of Leeds Musculoskeletal (MSK) Steering Group - NEW
Project summary	<p>MSK conditions are extremely common, accounting for 22% of the total burden of ill health in the UK. Within Leeds we are committed to ensuring that all patients suffering from MSK conditions are given the support that they need. This includes swift assessment and diagnosis, clear treatment plans, and access to appropriate treatment. We also want to make sure that patients are supported in taking measures to address factors that increase the risk of suffering and MSK condition, such as excess weight or physical inactivity.</p> <p>The MSK Steering Group involves participation from clinicians engaged at all stages in the pathway, such as, GPs, physiotherapists, rheumatologists and surgeons and chronic pain specialists, along with representatives from Leeds City Council public health and leisure services teams.</p> <p>Collectively, we aim to improve quality and access for all MSK services, including those relating to lifestyle, such as weight management and access to enjoyable physical activity. The aim is that the population of Leeds suffer fewer MSK conditions, and when they do, they are diagnosed, treated and recover more quickly, and stay healthy afterwards.</p>
Volunteer Role	The volunteer will be asked to participate in each of the steering group meetings in order to offer their perspectives on what the impacts of citywide plans are likely to be on patient experience. The insight of the volunteer will contribute to our judgements of whether changes being proposed may need further specific engagement with patients and the public. More detail to follow.
How long the project runs for	Ongoing
Frequency of meetings	Once every two months
Number of volunteers needed	1
Engagement team contact	Caroline Mackay – caroline.mackay2@nhs.net
Closing date to express interest	19.11.2019

Title	Musculoskeletal (MSK) Patient App. Development - NEW
Project summary	<p>A small citywide subgroup is looking to oversee the development and introduction of a smartphone 'app', for use by patients suffering from MSK conditions – 'MyPathway'. Patients will be invited to log on to the app when diagnosed as needing MSK treatment, and If successful, it will offer the following benefits :-</p> <ul style="list-style-type: none"> • Enabling the patient to directly provide important information on their condition to their doctor or physiotherapist • Enable the patient to receive prompts to do their agreed exercises, or attend an appointment • Provide access to helpful resources to help patients manage their conditions, like patient information leaflets, or YouTube videos • Allow the patient to provide direct feedback on how well their treatment has worked, and what their overall experience of care has been like. <p>This will also enable providers and commissioners to receive direct collective feedback on what treatments and services are proving most effective, and help us to keep improving services in future.</p>
Volunteer Role	<p>The volunteer will be expected to contribute their insights as to what aspects of this app. are likely to be most attractive to patients, and what we can do to encourage patients to use them. We would also expect the volunteer to be involved in the testing of the app. and provide insight on what features are attractive and easy to use, and what factors may prove to be a barrier that might put people off from either logging on to the app., or engaging with it once they are logged on.</p> <p>This is a critical role, which is likely to have a significant impact on the product that is initially launched. More detail to follow.</p>
How long the project runs for	6 – 12 months
Frequency of meetings	Monthly, (plus possible ad-hoc meetings to assist in the design and test of app.)
Number of volunteers needed	1
Engagement team contact	Caroline Mackay – caroline.mackay2@nhs.net
Closing date to express interest	19.11.2019

Current engagements

Below are current live engagements that we're aware of. This refers to engagements where people can offer their feedback and have a say, usually through a survey. Other chances to get involved such as project groups, recruitment opportunities etc. will be listed in the 'Opportunities' section.

If you are aware of other engagements that we have not listed, please get in touch with Adam and let us know and we will happily share in the next newsletter.

Any updates regarding our engagement projects can be found on our website on our consultations page: www.leedsccg.nhs.uk/get-involved/consultations/

NHS England Consultation – West Yorkshire Specialised Vascular Services – Closing date 30 November 2019

Vascular services reconstruct, unblock or bypass arteries and are often one-off specialist procedures to reduce the risk of sudden death or amputation and prevent stroke. Currently, the specialised vascular services in West Yorkshire are delivered from three centres – Leeds General Infirmary, Bradford Royal Infirmary, and Huddersfield Royal Infirmary.

Based on a need to reduce the number of specialised vascular centres from three to two as identified by Yorkshire and The Humber Clinical Senate, the proposed recommendation being consulted on is that those centres should be at Leeds General Infirmary due to its status as a major trauma centre, and Bradford Royal Infirmary due to its co-location with renal care.

The proposals could result in all specialised vascular surgery that requires an overnight hospital stay being transferred from Huddersfield Royal Infirmary to Bradford Royal Infirmary, which would potentially affect up to 800 patients a year.

There are three main reasons for the recommended change to services set out as part of the consultation:

- Specialised vascular centres must be able to deliver a safe and sustainable service to comply with NHS England's national service specification.
- There are significant staffing pressures at both the Bradford and Huddersfield centres, and while teams are working very hard to maintain good patient outcomes and deliver the appropriate volume of activity for specialised vascular procedures, the service cannot continue in its current form.

- Calderdale and Huddersfield NHS Foundation Trust and Bradford Teaching Hospitals NHS Foundation Trust currently run a shared out of hours on-call rota for emergency vascular services between the two sites, which is not supported as an acceptable or long-term solution by NHS England or Yorkshire and Humber Clinical Senate.

We want to hear from as many people as possible in the West Yorkshire area to support NHS England North East and Yorkshire with this consultation. This includes current or previous users of patients, carers, family members, volunteers and health and care staff.

Please do share this wherever you are able and give feedback yourself. More details and the link to the survey can be found here: <https://www.leedsccg.nhs.uk/get-involved/your-views/wyvascular/>

Training and learning

This section is about any upcoming training available.

All sessions will be taking place at the Old Fire Station in Gipton (LS9 6NL).

Date	Training session	Details of training	Time
22 Nov	Introducing the NHS	This session will look at the impact of the Health and Social Care Act 2012 on NHS organisations and patients. We will explore the new NHS landscape and look at how NHS organisations are structured locally. We will also look at national drivers for change including government policies, the rising demand for health and social care and the impact of the Francis report. For this training session please email anna.walters@nhs.net too book on	10am – 12:30pm

Other training sessions

There are a number of organisations that deliver training across the city. Many of these are available on the Voluntary Action Leeds (VAL) website (link below).

[Find training in the area on the Doing Good Leeds website](#)

If you find a course you think is relevant to your role as a CCG Volunteer, you can speak with your mentor if you would like to book on.

CCG Volunteers Peer Support – **NEW/ACTION**

This section is about opportunities for CCG Volunteers to be involved in peer support. There will be updates around peer support meetings and other opportunities to liaise with fellow volunteers in order to support one another.

2020 - Peer Support Meetings – NEW/ACTION

Thank you very much to the five volunteers who came along to our first peer support meeting on the 24 October.

It was a productive session and we had a lot of positive feedback about how we take the session forward and what the peer support sessions will look like in the future.

As decided in the meeting, future groups will be held **every three months** for now and a member of the engagement team will be there to provide support. This can change as the group becomes more established; we will work to support you on this.

The next group will be held the week beginning of **20 January 2020**. This has not been decided as the group wanted to give those who could not attend a chance to decide on a date and time that work for them too

ACTION – please let Adam (adam.stewart1@nhs.net) what dates and times work for you that week or if you have a preference for when we meet. Please let Adam know by **Tuesday 19 November 2019**

Upcoming dates are:

W/C 20 January 2020

Resources

This section is about any information that would be relevant to your role, such as information about NHS, commissioning, etc. We will occasionally post recent reports and evaluations here also.

If you are aware of any resources that you would like to share with us or your fellow volunteers please send them to Adam adam.stewart1@nhs.net

1. **How NHS works** - King's fund video about how NHS works in England –

www.kingsfund.org.uk/audio-video/how-does-nhs-in-england-work

2. **Commissioning for outcomes – measuring what really matters**

www.health.org.uk/sites/health/files/MeasuringWhatReallyMatters.pdf

3. **Five Year Forward View (FYFV)**

<https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf>

4. **Leeds Health and Care Plan**

inspiringchangeleeds.org/ambition/lhcp/

5. **NHS Long Term Plan**

www.longtermplan.nhs.uk/

6. **NHS Leeds CCG - Strategy Presentation slides**

You can find the slides from Tim Ryley's strategy presentation [here](#) .

7. **Involving You report, 2018 – 19**

www.leedsccg.nhs.uk/content/uploads/2019/05/Involving_you_2018-19.pdf

8. **NHS Leeds CCG annual report 2018-19**

www.leedsccg.nhs.uk/publications/nhs-leeds-ccg-annual-report-and-accounts-2018-19/

9. **2019 Calendar of Engagement**

www.leedsccg.nhs.uk/content/uploads/2019/07/2019_Calendar_of_Engagement.pdf

10. **CCG Volunteer Induction Day Presentation Slides**

https://www.leedsccg.nhs.uk/content/uploads/2019/10/Induct_pres_2019_10_03.pdf