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# CCG VOLUNTEERS NEWSLETTER

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Issue 45

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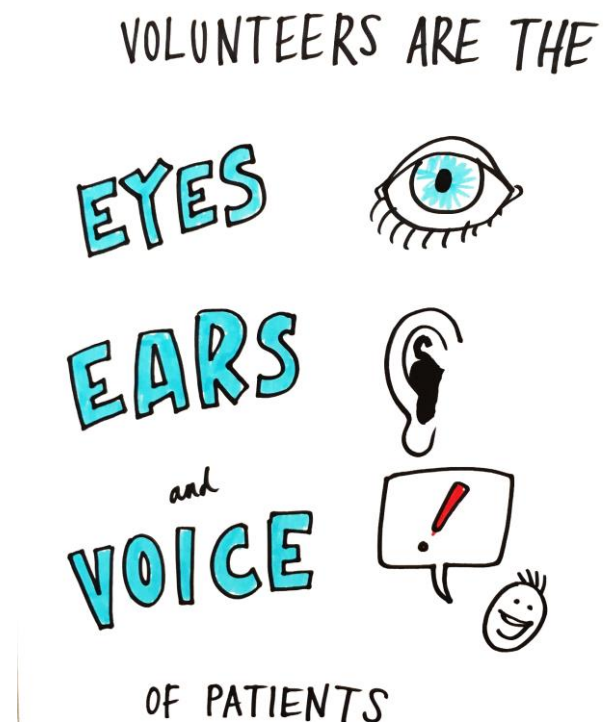
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## CCG Volunteers Newsletter

NHS Leeds CCG

This weekly newsletter intends to bring you up to speed with any opportunities and news relevant to your role as a CCG volunteer.

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For any suggestions about how we can improve this newsletter please email Adam on [adam.stewart1@nhs.net](mailto:adam.stewart1@nhs.net) or Andra on [andra.szabo@nhs.net](mailto:andra.szabo@nhs.net).

## News

This section is about any news relevant to the CCG or CCG volunteers programme.

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### CCG Volunteer Recruitment

The applications for the CCG volunteer role are now open! If you know anyone who might be interested in the role, please invite them to apply. Here is a link to the application page [www.leedsccg.nhs.uk/get-involved/ccg-volunteer/](http://www.leedsccg.nhs.uk/get-involved/ccg-volunteer/).

If anyone has any questions regarding the imminent recruitment, please contact Caroline – [caroline.mackay2@nhs.net](mailto:caroline.mackay2@nhs.net)

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### Hold the date(s) for CCG volunteer recruitment

Please see below the provisional dates for the CCG volunteer recruitment. Please note – some of these dates may change depending on venue availability, etc. We will let you know of any changes if/as they arise.

Dates for Volunteer Recruitment 2019	
Thursday 1 August	Launch of application process
Thursday 29 August	Closing date for applications
Monday 2 September	Shortlisting
Tuesday 10 September	Interviews
Thursday 12 September	Interviews
Week of 16 – 18 September	First mentoring sessions
Week of 23 – 27 September	First mentoring sessions
Thursday 3 October	Induction day
Saturday 12 October	Training day
Thursday 24 October 2019 1:30pm – 3:30pm at WIRA	Peer support meeting

## Calendar of Engagement 2019

We have now published our next 'Calendar of Engagement' for 2019, a list of activities and events that people in Leeds can get involved in.

[www.leedsccg.nhs.uk/content/uploads/2019/07/2019\\_Calendar\\_of\\_Engagement.pdf](http://www.leedsccg.nhs.uk/content/uploads/2019/07/2019_Calendar_of_Engagement.pdf)

Please feel free to share this out far and wide with whomever you think appropriate. Of course, please do sign up and attend any of these you think would be of interest or useful.

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## Big Leeds Chat – Hold the date

The Big Leeds Chat is a partnership event that brings together all the health and social care providers (including voluntary sector) and offers the opportunity for people in Leeds to share their views about Leeds and find out more about what we are doing as a city to develop a healthy and sustainable future in health and social care. To find out more please visit: [healthwatchleeds.co.uk/our-work/bigleedschat/](http://healthwatchleeds.co.uk/our-work/bigleedschat/)

Following the success of the first event, we are now planning the second Big Leeds Chat. This year we aim to have a series of events in different areas of the city alongside the one at the Leeds Market.

We would appreciate your support at the event this year. So please hold the following dates in your calendar:

- **Thursday 7 November 2019, from 10am to 2pm**, for the Leeds Market event
- **Week commencing the 4 November 2018** for the local events. We will let you know the dates and times for the local events as soon as we know more.

If you have any questions please contact Chris, [chris.bridle@nhs.net](mailto:chris.bridle@nhs.net)

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## Participation and System Transformation webinar schedule

Please find below a link to some forthcoming webinars (July-September 2019) organised by NHS England along with registration links.


[Webinar Schedule for July - September Final.docx](#)

Please note that you don't have to register for some, you just need to visit the link enclosed on the date and time of the webinar. Also, there is no meeting number required in order to register for these webinars. When registering, if you are asked for a meeting number, please try to register again or speak to a member of the engagement team if you are still struggling.

## System Leadership Events – 2 Day event

There is a great opportunity for interested persons to attend a ‘System Leadership Event’ which takes place across two days and aims to create a ‘wave of system leaders across health and social care in Leeds. Dates are below and it would be useful to attend both days to get the full benefit.

 **Day 1 – 12, 18, 26 September 2019/ Day 2 – 6, 13, 21 November 2019**

 **9am – 3:30pm**

 **TBC once you book on**

You can find out more about the event here:

[www.leedsccg.nhs.uk/content/uploads/2019/06/Creating-System-Leadership-Community-in-Leeds.pdf](http://www.leedsccg.nhs.uk/content/uploads/2019/06/Creating-System-Leadership-Community-in-Leeds.pdf)

Please contact your mentor if you are interested in attending.

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## 2019 PPG Event: PPGs in Practice - Booking is now open!

 **Wednesday 9 October 2019**

 **9am – 4pm**

 **Emerald Suite, Headingley Stadium, Leeds (LS6 3BR)**

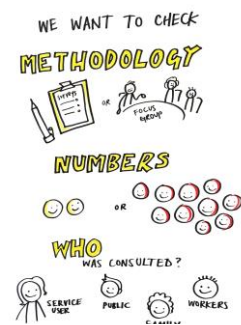
If you are involved with your PPG and feel you would like to talk, present or deliver a workshop on your work please get in touch with Adam.

If you would like to attend or support the event on the day please visit this link [PPGevent2019.eventbrite.co.uk](http://PPGevent2019.eventbrite.co.uk) or contact [adam.stewart1@nhs.net](mailto:adam.stewart1@nhs.net) if you have any questions.

## Patient Assurance Group (PAG) -

### UPDATE

This section is about any news or updates about PAG. Please note that this section will not include PAG papers as they will be sent separately by the Governance team at the appropriate time.



### The next scheduled PAG is **CANCELLED**.

The next PAG scheduled for **Wed 4 Sept 2019, WIRA House, 6pm – 8pm** at WIRA House has been cancelled due to a lack of business. **Kath, Pauline** and **John** were down to attend.

**However**, we're aware that it has been a while since we have got together to check in and catch up with each other. So we will keep the room booked at WIRA and if enough people tell us they would like to come along on the evening of the 4 September for some peer support we will facilitate this. Please let Caroline know if you would like to come along by close of play **Tuesday 27 August 2019**.

The following volunteers have been selected to attend the future PAG meetings. Please contact Caroline, [caroline.mackay2@nhs.net](mailto:caroline.mackay2@nhs.net) if you are unable to attend these dates:

Date	Time	Venue	Volunteers attending
<b>4 September</b>	6pm – 8pm	WIRA House	Kath, John, Pauline
<b>2 October</b>	10am - 12pm	Hinsley Hall, Headingley	Sue, Kath, John
<b>13 November</b>	11:30am- 1:30pm	WIRA House	Sue, John

## Opportunities - **NEW**

Here are the current opportunities we have for volunteers to get involved in projects. If you are interested in any of the opportunities or would like more information, please contact the relevant person in the engagement team.



Title	<b>Virtual Frailty Ward - NEW</b>
Project Summary	<p>Leeds is developing a 'virtual frailty ward' (VFW) for the city, hosted by Leeds Community Healthcare.</p> <p>The initial aim is admission avoidance (stopping people from being admitted to hospital by intervening medically). In the longer term, the aim is to support people to manage their long term conditions at home (a medical and social approach).</p> <p>The pilot will be suitable for people over 60 who have a frailty score of below 5 (moderately – severely frail), will run for 2-3 years and will be tested in 2-4 neighbourhood areas.</p> <p>The volunteer role will include membership of the development group, which will, amongst other things, help develop a name for the service.</p>
How long the project runs for	2-3 years
Frequency of meetings	Fortnightly, Wednesdays 10am – 12pm (though it is not expected that a volunteer would have to attend all the meetings)
Number of Volunteers needed	1
Engagement Team contact	Caroline Mackay – <a href="mailto:caroline.mackay2@nhs.net">caroline.mackay2@nhs.net</a>
Closing date to express interest	Tuesday 27 August 2019

## Current engagements - **NEW**

Below are current live engagements that we're aware of. This refers to engagements where people can offer their feedback and have a say, usually through a survey. Other chances to get involved such as project groups, recruitment opportunities etc. will be listed in the 'Opportunities' section.

If you are aware of other engagements that we have not listed, please get in touch with Adam or Andra and let us know and we will happily share in the next newsletter.

Any updates regarding our engagement projects can be found on our website on our consultations page: [www.leedsccg.nhs.uk/get-involved/consultations/](http://www.leedsccg.nhs.uk/get-involved/consultations/)

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### **Developing mental health services for adults and older people in Harrogate and Wetherby**

Tees, Esk and Wear Valley (TEWV) NHS Foundation Trust are leading on an engagement to develop community mental health services for people in Harrogate, its surrounding areas and Wetherby, who also receive mental health services from the trust. The NHS Leeds CCG is supporting TEWV with his engagement.

TEWV NHS Foundation Trust delivers community and inpatient mental health services for Harrogate and its rural district. As part of a contract between the NHS Leeds CCG and Harrogate and Rural District CCG, TEWV also provides these services for the residents of Wetherby and its surrounding areas.

Proposals for the future development of mental health services for adults and older people were recently approved by the Harrogate and Rural District CCG. These proposals allow TEWV to maximise patient safety and provide the best possible patient experience, whilst remaining true to their commitment to providing care as close to home as possible.

This engagement is aimed at people living in Wetherby and its surrounding areas, including current or previous users of mental health services, carers, family members, volunteers and health and care staff. We want to hear people's views on the proposals for developing mental health services for adults and older people and if there is anything we've missed that would help support people.

More information about the engagement and the proposals can be found on our website: [www.leedsccg.nhs.uk/get-involved/your-views/tewvmh2019/](http://www.leedsccg.nhs.uk/get-involved/your-views/tewvmh2019/)

Please share the details of this engagement only with people in these areas.

## **Get Set Leeds – NEW**

Get Set Leeds! Are you ready to make Leeds more active?

Get Set Leeds is your chance to tell us what being active means to you and what might get you moving more.

Moving more isn't just about getting sweaty in the gym. It's walking in a park, doing a sport you enjoy, playing a game with the kids, gardening, cycling to work, or dancing to a song you love. It's what you might be doing as part of your day anyway, but by doing it more often or more vigorously you could make a real difference to how well and happy you feel.

To get everybody moving more and for Leeds to be the most active city, we need to think differently and change what we do, together.

Get involved and have your say at [getsetleeds.co.uk](http://getsetleeds.co.uk)

## **The Patients Association – Living with diabetes, Crohn's, colitis, psoriasis or rheumatoid arthritis workshop - NEW**

The Patients Association are running a workshop at the start of September to learn from people who have experience living with Diabetes, Crohn's, Colitis, Psoriasis or Rheumatoid Arthritis. Travel expenses are covered and there are free shopping vouchers for people who come along to give feedback. The workshop takes place on **Friday 6 September** between 10am – 2pm.

For more information email [anna.shears@patients-association.com](mailto:anna.shears@patients-association.com)



## Training and learning

This section is about any upcoming training available.

As you know we've used the first six months of 2019 as a 'fallow' period to evaluate the engagement hub work, you can view the results and report on our website here: [https://www.leedsccg.nhs.uk/content/uploads/2019/05/Engagement\\_Hub\\_report.pdf](https://www.leedsccg.nhs.uk/content/uploads/2019/05/Engagement_Hub_report.pdf)

Following the review, it was agreed that we will host a number of training sessions towards the back end of the year. Some of these have been confirmed and are listed below.

**All sessions will be taking place at the Old Fire Station in Gipton (LS9 6NL).**

Date	Training session	Details of training	Time
16 Sept	<b>Co-Production</b>	This session will define co-producing and explore its potential in health and social care commissioning. We will look at examples in practice and explore in detail the elements of co-design, co-decision making, co-delivery and co-evaluation.	9:30pm – 12:30pm
25 Sept	<b>Knowing Your Community</b>	This session will look at the importance of equality and diversity in health and social care. We will look at national and local guidance which drives this work and analyse best practice. We will also look at how CCG Volunteers can support the CCG to engage with seldom heard groups.	10am – 12:30pm
10 Oct	<b>Being an effective health volunteer</b>	This session will look at why health volunteers are essential in the development of local health services. We will outline the roles of the health volunteers and explore how they can influence service change.	1:30 pm - 4:30 pm

23 Oct	<b>Patient Participation Groups (PPGs)</b>	This session will explore the role of patient participation groups. Participants will look at the changing role of GP practices and examine the challenges they face and the opportunities they present. They will explore how members can work with staff to develop services and examine good practice from other areas of the country.	9:30pm – 12:30pm
22 Nov	<b>Introducing the NHS</b>	This session will look at the impact of the Health and Social Care Act 2012 on NHS organisations and patients. We will explore the new NHS landscape and look at how NHS organisations are structured locally. We will also look at national drivers for change including government policies, the rising demand for health and social care and the impact of the Francis report.	10am – 12:30pm

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## Other training sessions

There are a number of organisations that deliver training across the city. Many of these are available on the Voluntary Action Leeds (VAL) website (link below).

[Find training in the area on the Doing Good Leeds website](#)

If you find a course you think is relevant to your role as a CCG Volunteer, you can speak with your mentor if you would like to book on.

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## The NHS Explained: How the Health System in England Really Works

Developed by The King's Fund, this free, online course will help you understand what keeps the fifth largest employer in the world running. You'll explore the challenges facing the system, and how to ensure the NHS is fit for the future. You can complete it at your own leisure.

You can find out more about the training here:

[https://www.futurelearn.com/courses/the-nhs-explained?utm\\_campaign=kings\\_fund\\_the\\_nhs\\_explained\\_june\\_2019&utm\\_medium=organic\\_social&utm\\_source=kf\\_staff\\_dmaggs](https://www.futurelearn.com/courses/the-nhs-explained?utm_campaign=kings_fund_the_nhs_explained_june_2019&utm_medium=organic_social&utm_source=kf_staff_dmaggs)

## **Understanding the Health and Social Care Environment (UHSCE) – NHS England accredited course**

**Who is it for:** This is an online course with a face to face assessment for NHS volunteers who have an interest in understanding the health and social care environment and/or with responsibility for improving the health of communities.

**Course objectives:** By the end of the course participants will be able to recognise the key stakeholders in the health and social care environment and understand how to influence them. Participants will be able to use appropriate tools and methods to influence health and social care.

**Duration of course:** 12 weeks.

**Assessment:** 30 hours of study and a final assessment session.

**How to apply:** To register interest in this course, please email [england.ppve-learning@nhs.net](mailto:england.ppve-learning@nhs.net).

The next round of the training course commences on **17 September 2019** and **19 November 2019**.

**The deadline for applications is 2 September (for the course starting on 17 September) and 4 November (for the course starting on 19 November).**

**Before you apply:** Participants are asked to pay a deposit to the course provider to secure a place. The deposit is refunded on completion of the course.\*

\*Please note that we cannot pay the deposit for our volunteers.

## CCG Volunteers Peer Support - **UPDATE**

This section is about opportunities for CCG Volunteers to be involved in peer support. There will be updates around peer support meetings and other opportunities to liaise with fellow volunteers in order to support one another.

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### **2019 - Peer Support Meetings - UPDATE**

We have booked room 4 at WIRA House for one remaining date in 2019 where CCG Volunteers can come along and catch up with one another and offer each other support. These meetings, at present, do not have a formal agenda and will be directed by volunteers in attendance.

As discussed at the CCG Volunteer review day, we are going to reach out to Healthwatch and Voluntary Action Leeds to see if their respective volunteers would be interested in getting involved in future peer support groups.

A couple of members of the CCG engagement team will be in attendance to support.

**Update** – As discussed in the PAG section, we have kept a booking at WIRA House free on 4 September 2019 between 6pm – 8pm if CCG Volunteers would like to come along to a peer support session. Please confirm with Caroline if this is something you would be interested in doing before the **27 August 2019**.

Upcoming dates are:

**Thursday 24 October 2019, 1:30pm – 3:30pm** – WIRA House, LS16 6EB

## Resources

This section is about any information that would be relevant to your role, such as information about NHS, commissioning, etc. We will occasionally post recent reports and evaluations here also.

If you are aware of any resources that you would like to share with us or your fellow volunteers please send them to Adam [adam.stewart1@nhs.net](mailto:adam.stewart1@nhs.net) or Andra [andra.szabo@nhs.net](mailto:andra.szabo@nhs.net)

1. **How NHS works** - King's fund video about how NHS works in England –

[www.kingsfund.org.uk/audio-video/how-does-nhs-in-england-work](http://www.kingsfund.org.uk/audio-video/how-does-nhs-in-england-work)

2. **Commissioning for outcomes – measuring what really matters**

[www.health.org.uk/sites/health/files/MeasuringWhatReallyMatters.pdf](http://www.health.org.uk/sites/health/files/MeasuringWhatReallyMatters.pdf)

3. **Five Year Forward View (FYFV)**

<https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf>

4. **Leeds Health and Care Plan**

[inspiringchangeleeds.org/ambition/lhcp/](http://inspiringchangeleeds.org/ambition/lhcp/)

5. **NHS Long Term Plan**

[www.longtermplan.nhs.uk/](http://www.longtermplan.nhs.uk/)

6. **NHS Leeds CCG - Strategy Presentation slides**

You can find the slides from Tim Ryley's strategy presentation [here](#) .

7. **Involving You report, 2018 – 19**

[www.leedsccg.nhs.uk/content/uploads/2019/05/Involving\\_you\\_2018-19.pdf](http://www.leedsccg.nhs.uk/content/uploads/2019/05/Involving_you_2018-19.pdf)

8. **NHS Leeds CCG annual report 2018-19**

[www.leedsccg.nhs.uk/publications/nhs-leeds-ccg-annual-report-and-accounts-2018-19/](http://www.leedsccg.nhs.uk/publications/nhs-leeds-ccg-annual-report-and-accounts-2018-19/)

9. **2019 Calendar of Events**

[www.leedsccg.nhs.uk/content/uploads/2019/07/2019\\_Calendar\\_of\\_Engagement.pdf](http://www.leedsccg.nhs.uk/content/uploads/2019/07/2019_Calendar_of_Engagement.pdf)