
CCG VOLUNTEERS NEWSLETTER

Issue 35

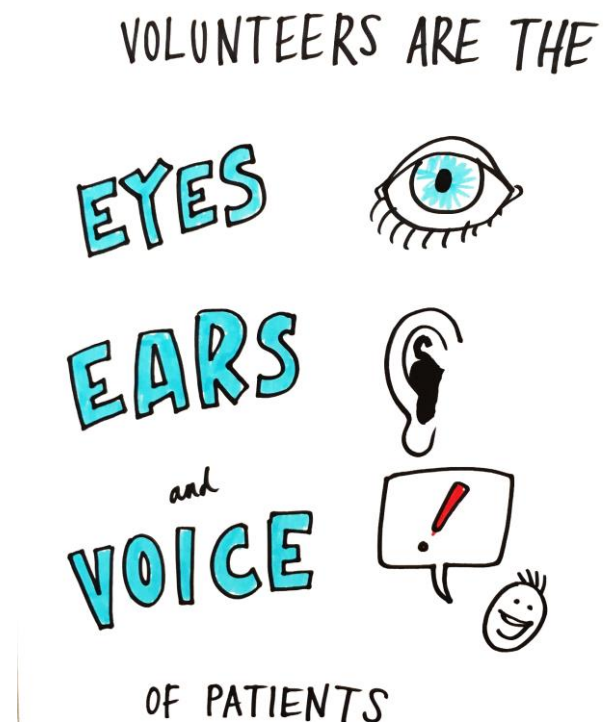
5 June 2019

CCG Volunteers Newsletter

NHS Leeds CCG

This weekly newsletter intends to bring you up to speed with any opportunities and news relevant to your role as a CCG volunteer.

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For any suggestions about how we can improve this newsletter please email Adam on adam.stewart1@nhs.net or Andra on andra.szabo@nhs.net.

News

This section is about any news relevant to the CCG or CCG volunteers programme.

National Volunteers' Week - UPDATE

This week is national Volunteers' Week (1-7 June) which is a chance to celebrate and say thank you for the fantastic contribution millions of volunteers make across the UK.

Here at NHS Leeds CCG, we have put together some short video clips featuring some of our volunteers and commissioners talking about the value of involving volunteers in the work of the CCG. These clips will be posted on our website and through our social media platforms over the week.

Many thanks to those of you who have volunteered to do a video clip... very brave! And thank you to Suote in the Comms team who is in the Director's chair for this particular production... also, very brave!

Keep your eyes peeled over the week to see the final results:

<https://www.leedsccg.nhs.uk/get-involved/ccg-volunteer/volunteers-week/>

CCG Volunteer mandatory training - UPDATE

Many thanks to everyone who attended the training previously.

We have only received **four** evaluations. It is really important to evaluate our session, and hear from as many people as possible, what is good and what needs improvement. That way, future volunteers will benefit the most from your experiences. The survey will close **Tuesday 11 June 2019**.

You can find the online survey here: www.smartsurvey.co.uk/s/CCGVolTraining/

CCG Volunteer Bio

Thank you for sending your bios. You can find them here:

www.leedsccg.nhs.uk/get-involved/ccg-volunteer/meet-our-volunteers/

Engage magazine

With the help of the Communications team, the CCG produces a quarterly magazine, called 'Engage', to keep the Leeds community up-to-date with what's going on:

<https://www.leedsccg.nhs.uk/publications/engage-magazine-issue-15-spring-2019/>

The Communications team have set aside 2 pages in the magazine for news about Engagement activities. One of these pages will cover the 'You said, we did' headlines for a recent engagement project, and the other page has been set aside to highlight your roles as CCG Volunteers.

We would like ideas from you about what you think the people of Leeds need to know, or would like to know, about your role as CCG Volunteers.

You might want to use a case study or quotes, or some other way of highlighting what you do. You may even be happy to have a photo of yourself on the page... who knows!

We already have the content we need for the summer issue, however please feel free to send any suggestions you might have for future editions. The next edition of the magazine will be the autumn one.

Please forward any ideas you have to caroline.mackay2@nhs.net.

Big Leeds Chat – Hold the date

The Big Leeds Chat is a partnership event that brings together all the health and social care providers (including voluntary sector) and offers the opportunity for people in Leeds to share their views about Leeds and find out more about what we are doing as a city to develop a healthy and sustainable future in health and social care.

To find out more about Big Leeds Chat and how the first event went please visit the Healthwatch Leeds website: <https://healthwatchleeds.co.uk/our-work/bigleedschat/>

As the first event was really successful we are now planning the second Big Leeds Chat. This year we aim to have a series of events in different areas of the city alongside the one at the Leeds Market.

We would appreciate your support at the event this year. So please hold the following dates in your calendar:

- **Thursday 7 November 2019, from 10am to 2pm**, for the Leeds Market event

- **Week commencing the 4 November 2018 (provisionally)** for the local events. We will let you know the dates and times for the local events as soon as we know more.

Please note that there is an opportunity for a CCG volunteer to be involved in the working group as well, so check the Opportunities section (below) for it.

If you have any questions please contact Chris, chris.bridle@nhs.net

Involving You – Published - NEW

Over the last year, we have sought views about NHS services from those who live in Leeds. The report “Involving You” provides an overview of the engagement activities that have taken place over the past year (from 1 April 2018 until 31 March 2019) and includes a summary of what people told us and what we did in response to hearing those views.

You can view the online version here:

https://www.leedsccg.nhs.uk/content/uploads/2019/05/Involving_you_2018_19.pdf

Hard copies of Involving You are being printed at the moment and will be available mid-June. We are planning to send all volunteers a copy when they are available.

System Leadership Events – 2 Day event - NEW

There is a great opportunity for interested persons to attend a ‘System Leadership Event’ which takes place across two days and aims to create a ‘wave of system leaders across health and social care in Leeds. Dates are below and it would be useful to attend both days to get the full benefit.



Day 1 – 12, 18, 26 September 2019

Day 2 – 6, 13, 21 November 2019



9am – 3:30pm



TBC

You can find out more about the event here:

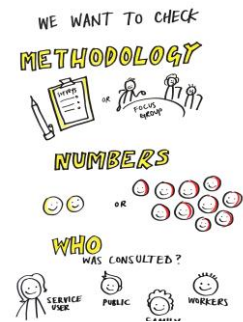
<https://www.leedsccg.nhs.uk/content/uploads/2019/06/Creating-System-Leadership-Community-in-Leeds.pdf>

Please contact your mentor if you are interested in attending.

Patient Assurance Group (PAG) -

UPDATE

This section is about any news or updates about PAG. Please note that this section will not include PAG papers as they will be sent separately by the Governance team at the appropriate time.



Next formal PAG meeting - The next scheduled PAG is **Wed 10 July 2019**, Old Fire Station, 10am – 12pm and **Leanne, Dick** and **John** are down to attend.

Unfortunately, Pauline is no longer able to attend so we have space for another volunteer to attend the PAG in July. Please contact **Caroline** if you are free and willing to attend.

The following volunteers have been selected to attend the future PAG meetings. **Please confirm with Caroline that you are still able to attend these dates:**

Date	Time	Venue	Volunteers attending
7 August	10am-12pm	Old Fire Station, Gipton	Sue, Kath, Tricia, Dick, John
4 September	6pm – 8pm	WIRA House	Kath, John, Stephen, Pauline

Please can you let Caroline know about your availability for all the above on caroline.mackay2@nhs.net or call 0113 843 5470.

Opportunities - **NEW**

Here are the current opportunities we have for volunteers to get involved in projects. If you are interested in any of the opportunities or would like more information, please contact the relevant person in the engagement team.



Title	CCG Volunteer Recruitment Steering Group - NEW
Project summary	<p>As discussed in the recent CCG Volunteer review session, we're looking to our next 'recruitment drive' and we want our CCG Volunteers involved in the process.</p> <p>We're hoping to launch our next set of applications at the beginning of August and we want to make sure we get the process right, target the right audience etc.</p> <p>We're also hoping that CCG Volunteers might be involved in the interviewing process of potential applicants, we'll keep you posted.</p> <p>We're looking for several volunteers who can sit on the steering group and work together to plot out the next recruitment of CCG Volunteers. Caroline will be leading on this work when she returns from leave, but if you are interested please let Adam know (details below).</p>
How long the project runs for	Until September 2019 (the exact dates for the event will be confirmed as soon as possible)
Frequency of meetings	<p>Monthly until September</p> <p>First meeting Friday 28 June 2019, 10am – 12pm, WIRA House</p>
Number of volunteers needed	Up to 3 max.
Engagement team contact	Adam Stewart – adam.stewart1@nhs.net
Closing date to express interest	14.06.2019

Current engagements - **NEW**

Below are current live engagements that we're aware of. This refers to engagements where people can offer their feedback and have a say, usually through a survey. Other chances to get involved such as project groups, recruitment opportunities etc. will be listed in the 'Opportunities' section.

If you are aware of other engagements that we have not listed, please get in touch with Adam or Andra and let us know and we will happily share in the next newsletter.

Any updates regarding our engagement projects can be found on our website on our consultations page: www.leedsccg.nhs.uk/get-involved/consultations/

Healthy Hearts – Cholesterol Engagement (03.06.19 – 30.06.19) - NEW

West Yorkshire and Harrogate Healthy Hearts would like to know what people in the West Yorkshire and Harrogate area think about the work they're doing to help prevent heart attacks and strokes.

West Yorkshire and Harrogate Healthy Hearts is a three-year local NHS project that aims to reduce the number of cardiovascular incidents, such as heart attacks and strokes, by 10% across our region. They believe this will mean 420 heart attacks and 620 strokes will be prevented, saving the local NHS £12m. In phase two of their programme, which is due to launch this autumn, they'll be concentrating on cholesterol levels.

The Healthy Hearts team are asking people to spend a few minutes of their time to answer some simple questions. Feedback will help them understand what local people think about the work they are doing to prevent hearts attacks and strokes.

You can access their questionnaire and find out more here:

<https://www.leedsccg.nhs.uk/get-involved/your-views/healthy-hearts-cholesterol-public-engagement/>

You can find out more about the Health Hearts project on their website here:

www.westyorkshireandharrogatehealthyhearts.co.uk/.

If you have any questions about this engagement please contact Pete Waddingham, Healthy Hearts Programme Manager, on pete.waddingham@yhahsn.com

Training - **NEW**

This section is about any upcoming training available.

As you know we've used the first six months of 2019 as a 'fallow' period to evaluate the engagement hub work, you can view the results and report on our website here: https://www.leedsccg.nhs.uk/content/uploads/2019/05/Engagement_Hub_report.pdf

Following the review, it was agreed that we will host a number of training sessions towards the back end of the year. Some of these have been confirmed and are listed below. All sessions will be taking place at the **Old Fire Station** in Gipton (LS9 6NL).

Date	Training session	Details of training	Time
16 Sept	Co-Production-NEW	This session will define co-producing and explore its potential in health and social care commissioning. We will look at examples in practice and explore in detail the elements of co-design, co-decision making, co-delivery and co-evaluation.	9:30pm – 12:30pm
25 Sept	Knowing Your Community -NEW	This session will look at the importance of equality and diversity in health and social care. We will look at national and local guidance which drives this work and analyse best practice. We will also look at how CCG Volunteers can support the CCG to engage with seldom heard groups.	10am – 12pm
23 Oct	Patient Participation Groups (PPGs) -NEW	This session will explore the role of patient participation groups. Participants will look at the changing role of GP practices and examine the challenges they face and the opportunities they present. They will explore how members can work with staff to develop services and examine good practice from other areas of the country.	9:30pm – 12:30pm

22 Nov	Introducing the NHS - NEW	This session will look at the impact of the Health and Social Care Act 2012 on NHS organisations and patients. We will explore the new NHS landscape and look at how NHS organisations are structured locally. We will also look at national drivers for change including government policies, the rising demand for health and social care and the impact of the Francis report.	10am – 12pm
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Other training sessions

There are a number of organisations that deliver training across the city. Many of these are available on the Voluntary Action Leeds (VAL) website (link below).

[Find training in the area on the Doing Good Leeds website](#)

If you find a course you think it relevant to your role as a CCG Volunteer, you can speak with your mentor if you would like to book on.

The NHS Explained: How the Health System in England Really Works - NEW

Developed by The King's Fund, this free, online course will help you understand what keeps the fifth largest employer in the world running. You'll explore the challenges facing the system, and how to ensure the NHS is fit for the future. You can complete it at your own leisure.

You can find out more about the training here:

https://www.futurelearn.com/courses/the-nhs-explained?utm_campaign=kings_fund_the_nhs_explained_june_2019&utm_medium=organic_social&utm_source=kf_staff_dmagg

Interview & Commissioning Panel Training - NEW

Leeds City Council have an opportunity to anyone interested in wanting training to sit on interview or commissioning panels. Training will look at: 'how to address the applicants nerves'; 'job descriptions'; 'body language skills'; 'Questioning and interview techniques'; 'assessment and scoring'. All through a fun interactive method! Candidates will be sent opportunities to sit on panels with Leeds City Council. The training takes place on **12 June 2019** between 10am – 12pm at Civic Hall. If you are interested contact Jenny Hill on citizenspanel@leeds.gov.uk

CCG Volunteers Peer Support - **UPDATE**

This section is about opportunities for CCG Volunteers to be involved in peer support. There will be updates around peer support meetings and other opportunities to liaise with fellow volunteers in order to support one another.

2019 - Peer Support Meetings

We have booked room 4 at WIRA House for two dates in 2019 where CCG Volunteers can come along and catch up with one another and offer each other support. These meetings, at present, do not have a formal agenda and will be directed by volunteers in attendance.

As discussed at the CCG Volunteer review day, we are going to reach out to Healthwatch and Voluntary Action Leeds to see if their respective volunteers would be interested in getting involved in future peer support groups.

A couple of members of the CCG engagement team will be in attendance to support.

Upcoming dates are:

Thursday 24 October 2019, 1:30pm – 3:30pm – WIRA House, LS16 6EB

Resources - **NEW**

This section is about any information that would be relevant to your role, such as information about NHS, commissioning, etc. We will occasionally post recent reports and evaluations here also.

If you are aware of any resources that you would like to share with us or your fellow volunteers please send them to Adam adam.stewart1@nhs.net or Andra andra.szabo@nhs.net

1. How NHS works

King's fund video about how NHS works in England - www.kingsfund.org.uk/audio-video/how-does-nhs-in-england-work

2. Commissioning for outcomes – measuring what really matters

<https://www.health.org.uk/sites/health/files/MeasuringWhatReallyMatters.pdf>

3. Five Year Forward View (FYFV)

<https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf>

4. Leeds Health and Care Plan

<http://inspiringchangeleeds.org/ambition/lhcp/>

5. NHS Long Term Plan

<https://www.longtermplan.nhs.uk/>

6. NHS Leeds CCG - Strategy Presentation slides

You can find the slides from Tim Ryley's strategy presentation [here](#) .

7. Involving You report, 2018 – 2019 – **NEW**

https://www.leedsccg.nhs.uk/content/uploads/2019/05/Involving_you_2018_19.pdf